

N.P.C. Great Lakes/Ironman CHAMPIONSHIPS INFORMATION – National Qualifier

- When: **Saturday, August 20, 2022 (competitors must arrive by 9:00 a.m. for meeting.)**
Prejudging starts at 10:30, & Evening show starts at 5:00 P.M.
- Where: Flushing High School, 5039 Deland, Flushing MI 48433
- Check-in: **Friday – August 19, 2022 – mandatory for all competitors - 5:00 p.m. to 7:30 p.m.**
- Where: Flushing High School, 5039 Deland, Flushing MI 48433
- Eligibility: The Great lakes/Ironman is open to all 2022 N.P.C. registered athletes.
N.P.C cards are \$135 and can be purchased in advance at <https://www.npcregistration.com/>
Bring printed copy of N.P.C card to mandatory check in on Friday night. (Or, photo/snap shot of receipt)
- Awards: Top Five in each division will receive an award.
- Divisions: **Bikini** - open, master's 35+, master's 40+, masters 50+, masters 55+ true novice, novice & teen (18-19)
Figure - open, master's 35+, master's 40+, masters 50+, masters 55+ true novice, novice & teen (18-19)
physique men – open, master's men 35+, master's 40+, masters 50+, masters 55+, Masters 60+, teen (16-19), true novice, & novice,
physique women – open, master's women 35+, true novice. (more classes for this division may be added if needed)
Classic men's physique – open, master's classic physique 35+, master 45+, masters 50+, 55+ & 60+, teen (16-19), true novice, & novice classic physique,
women bodybuilding – open, master's women 35+
men's bodybuilding – open, master's men bodybuilding 35+, 40+, masters 45+, Masters 55+ & 60+, teen (16 – 19), true novice, novice,
wheelchair men & women,
fitness women
Wellness- open, master's 35+, masters 40+true novice, & novice
Make sure to register early to avoid the late fee, no entries are accepted at Michigan N.P.C on the day of the event August 20, 2022
(all entries/tickets are non – refundable.)
- Music: All bodybuilding, physique women, classic physique & fitness competitors must supply their own music, Music cannot be any longer than 60 seconds for bodybuilding and classic physique, 90 seconds for women's physique, & 2 minutes for fitness. **Music must be received by Wednesday August 17th on Muscwear portal.** For best results, it is strongly suggested to use your Muscwear music portal. Promoter reserves the right to cut inappropriate music.
- Entry Fee: \$140.00 for first division and crossovers are an additional \$100.00 per class. Entry fee must be received by August 6, 2022 to avoid late fee. After August 6, 2022 late entry fees are \$195.00 per division and crossovers are \$125 per class. **(All entry fees/tickets are non-refundable.)**
-- Be sure to get your entry in by August 17th on Muscwear (online entry closes on the 17th)
late entries Will be accepted at the Friday mandatory check in August 19, 2022.
Online entry is available at MichiganNPCnews.com on the **2022 Great Lakes/Ironman enter online page**
**** NO entries are accepted the day of the event, August 20, 2022**
- Tickets: Prejudging is \$35.00. Evening show \$50.00, (all tickets are assigned seating)
tickets can be ordered online at MichiganNPCnews.com on the 2022 Great Lakes/Ironman buy tickets page.
Or, by calling Mid-Michigan Productions at 810-265-9416 **(All tickets are non-refundable)**
- Tanning/make-up: Official tanning, hair & make-up company is Eclipse –**Contact Adam Burke** 480-652-0375 tanning
Hair & make-up contact Amber 810-299-1356 – **or** visit their web site to schedule an appointment for all your tanning, hair, & make-up needs eclypsetanning.com (tanning appointments for Friday August 19, 2022 will be at the host hotel)
- Backstage: Backstage passes can be purchased for \$100 at the ticket booth. Passes can only be purchased with a valid 2021 N.P.C. card.
HOST HOTEL – Holiday Inn - Gateway Centre
5353 Gateway Centre, Flint, MI 48507 (Hill Rd at US-23)
Ph: 810-232-5300 Mention-MichiganNPCnews or Mid-Michigan productions, bodybuilding for group rate
- Information: Mid-Michigan Productions email: News@MichiganNPCnews.com 810-265-9416
Enter online or obtain tickets at MichiganNPCnews.com