

N.P.C. Great Lakes/Ironman CHAMPIONSHIPS INFORMATION – National Qualifier

- When:** Saturday, August 20, 2022 (competitors must arrive by 9:00 a.m. for meeting.)
Prejudging starts at 10:30, & Evening show starts at 5:00 P.M.
- Where:** Flushing High School, 5039 Deland, Flushing MI 48433
- Check-in:** Friday – August 19, 2022 – mandatory for all competitors - 5:00 p.m. to 7:30 p.m.
- Where:** Flushing High School, 5039 Deland, Flushing MI 48433
- Eligibility:** The Great lakes/Ironman is open to all 2022 N.P.C. registered athletes.
N.P.C cards are \$135 and can be purchased in advance at <https://www.npcregistration.com/>
Bring printed copy of N.P.C card to mandatory check in on Friday night. (Or, photo/snap shot of receipt)
- Awards:** Top Five in each division will receive an award.
- Divisions:** **Bikini** - open, master's 35+, master's 40+, masters 50+, masters 55+ true novice, novice & teen (18-19)
Figure - open, master's 35+, master's 40+, masters 50+, masters 55+ true novice, novice & teen (18-19)
physique men – open, master's men 35+, master's 40+, masters 50+, masters 55+, Masters 60+, teen (18-19), true novice, & novice,
physique women – open, master's women 35+, true novice. (more classes for this division may be added if needed)
Classic men's physique – open, master's classic physique 35+, master 45+, masters 50+, 55+ & 60+, teen (18-19), true novice, & novice classic physique,
women bodybuilding – open, master's women 35+
men's bodybuilding – open, master's men bodybuilding 35+, 40+, masters 45+, Masters 55+ & 60+, teen (18 – 19), true novice, novice,
wheelchair men & women,
fitness women
Wellness- open, master's 35+, masters 40+true novice, & novice
Make sure to register early to avoid the late fee, no entries are accepted at Michigan N.P.C on the day of the event August 20, 2022
(all entries/tickets are non – refundable.)
- Music:** All bodybuilding, physique women, classic physique & fitness competitors must supply their own music, Music cannot be any longer than 60 seconds for bodybuilding and classic physique, 90 seconds for women's physique, & 2 minutes for fitness. **Music must be received by Wednesday August 17th on Muscware portal.** For best results, it is strongly suggested to use your Muscware music portal. Promoter reserves the right to cut inappropriate music.
- Entry Fee:** \$140.00 for first division and crossovers are an additional \$100.00 per class. Entry fee must be received by August 6, 2022 to avoid late fee. After August 6, 2022 late entry fees are \$195.00 per division and crossovers are \$125 per class. (All entry fees/tickets are non-refundable.)
-- Be sure to get your entry in by August 17th on Muscware (online entry closes on the 17th)
late entries **Will** be accepted at the Friday mandatory check in August 19, 2022.
Online entry is available at MichiganNPCnews.com on the **2022 Great Lakes/Ironman enter online page**
** NO entries are accepted the **day of the event**, August 20, 2022
- Tickets:** Prejudging is \$35.00. Evening show \$50.00, (all tickets are assigned seating)
tickets can be ordered online at MichiganNPCnews.com on the 2022 Great Lakes/Ironman buy tickets page.
Or, by calling Mid-Michigan Productions at 810-265-9416 (All tickets are non-refundable)
- Tanning/make-up:** Official tanning, hair & make-up company is **Onefitjoker** - Contact for tanning **Jay Pratt** at 248-632-4218
Visit their web site to schedule an appointment at Onefitjoker.com for all your tanning, hair & make-up needs
(Tanning appointments for Friday August 19, 2022 will be at the host hotel)
- Backstage:** Backstage passes can be purchased for \$100 at the ticket office the day of the show, or at the mandatory check-in.
Passes can only be purchased with a valid 2022 N.P.C. card.
- HOST HOTEL** – Hyatt Hotel – Grand Blanc
5481 Hill 23 Dr, Flint, MI 48507
Ph: 810-424-9000 Mention-Great Lakes/Ironman for group discount
- Information:** Mid-Michigan Productions email: News@MichiganNPCnews.com 810-265-9416
Enter online or obtain tickets at MichiganNPCnews.com