

2020 Great Lakes/Ironman, national qualifier, entry information Sanction #3800

- When:** **Saturday, August 22, 2020**
Prejudging starts at 10:30, & Evening show starts at 5:00 P.M.
competitors must arrive by 9:30 a.m. for meeting.
- Where:** Flushing High School, 5039 Deland, Flushing MI 48433
- Check-in** **Friday – August 21, 2020 – mandatory for all competitors - 5:00 p.m. to 7:30 p.m.**
- Where:** Flushing High School, 5039 Deland, Flushing MI 48433
- Eligibility:** The Great Lakes/Ironman is open to all 2020 N.P.C. registered athletes in the U.S.
N.P.C cards are \$135 and must be purchased in advance at <https://www.npcregistration.com/>
Bring printed copy/photo of N.P.C card to mandatory check in on Friday night.
- Awards:** Top Five in each division will receive an award.
- Divisions:** **Bikini** - open, master's 35+, master's 40+, masters 50+, masters 55+ true novice, novice & teen (18-19)
Figure - open, master's 35+, master's 40+, masters 50+, masters 55+ true novice, novice & teen (18-19)
physique men – open, master's men 35+, master's 40+, masters 50+, masters 55+, Masters 60+, teen (16-19), true novice, & novice,
physique women – open, master's women 35+, true novice. (more classes for this division may be added if needed)
Classic men's physique – open, master's classic physique 35+, master 45+, masters 50+, 55+ & 60+, teen (16-19), true novice, & novice classic physique,
women bodybuilding – open, master's women 35+
men's bodybuilding – open, master's men bodybuilding 35+, 40+, masters 45+, Masters 55+ & 60+, teen (16 – 19), true novice, novice,
wheelchair men & women,
fitness women
Wellness- open, master's 35+, masters 40+true novice & novice
Make sure to register early to avoid the late fee, no entries are accepted at Michigan N.P.C on the day of the event August 22, 2020
(all entries/tickets are non – refundable.)
- Music:** All bodybuilding, physique women, classic physique & fitness competitors must supply their own music labeled with your name, and it should be the only song on a CD. Music cannot be any longer than 60 seconds for bodybuilding and classic physique, 90 seconds for women's physique, & 2 minutes for fitness. **Music will be collected at check in (Friday night).** Crossovers will pose only once. Promoter reserves the right to cut inappropriate music.
- Entry Fee:** \$130.00 for first division and crossovers are an additional \$90.00 per class. Entry fee must be post marked or signed up online by August 8, 2020 to avoid late fee. After August 17, 2019 late entry fees are \$190 per division and crossovers are \$125 per class. **** NO entries are accepted the day of the event August 22, 2020 All entry fees are non-refundable.)**
Online entry is available at MichiganNPCnews.com on the Great lakes/Ironman enter online page
- Tickets:** Prejudging is \$30.00. Evening show VIP is \$40.00, reserved \$35.00 (all evening show tickets are assigned seating) tickets can be ordered online at MichiganNPCnews.com on the 2019 Great Lakes/Ironman buy tickets page. Or, by calling Mid-Michigan Productions at 810-265-9416 **(All tickets are non-refundable)**
- Tanning:** Official tanning company is Eclipse tanning – Contact Ben Chimoski 231-499-9767 or visit their web site to schedule an appointment eclypsetanning.com
- Backstage:** Backstage passes can be purchased for \$40 at the ticket booth. Passes can only be purchased with a valid N.P.C. card.
- Hotel:** **Holiday Inn Gateway Centre** 810-232-5300, 5353 Gateway Centre, Flint, MI
Located at Hill Rd. and US 23 approximately 16 minutes from Flushing High school –
- Information:** **Mid-Michigan Productions** news@MichiganNPCnews.com 810-265-9416

Enter online or obtain tickets at MichiganNPCnews.com OR mail entry/ticket orders to Mid-Michigan Productions 4320 Pavilion Drive, Fenton, MI 48430